

wellways



Kuno Bim

KB

Youth Residential Rehabilitation
(YRR) Warrnambool

1300 111 400 | wellways.org

What is YRR?

YRR is a recovery program for young people aged between 16 to 24 years of age who are experiencing mental health challenges.

The program supports you to work towards independent living by offering residential accommodation and daily support for up to 12 months. The program includes live-in accommodation at Kuna Bim within walking distance of the CBD in Warrnambool.

While staying at Kuna Bim you will be supported by Wellways program staff to develop day-to-day living skills and work on your identified goals around employment, education, community and family engagement and improving overall health.

About Wellways

Wellways Australia is a leading not-for-profit organisation dedicated to ensuring all Australians lead active and fulfilling lives in their community. We work with individuals, families and the community to help them imagine and achieve better lives.

Kuna Bim

(young minds)

Kuna Bim contains multiple shared units. The units are fully furnished and fully equipped. You are provided with your own keys and have a lockable bedroom door.

You are supported by staff for eight hours a day, seven days a week. There is an 'on call' system in place for overnight phone support if required.

The program is designed for participants to stay for a maximum of 12 months.

The program is funded by the Department of Health and Human Services (DHHS) and delivered by Wellways Australia.

What can you expect from the program?

- a safe and supportive environment
- support to develop independent living skills
- support to identify your goals and develop a plan to achieve them
- access to staff assistance
- opportunities to link to education, training, work opportunities, volunteering opportunities, social networks
- social and community interaction
- an active program, encouraging a range of physical, social, creative, community and spiritual activities
- safety – relationships – future



Who is the YRR program for?

- young people at risk of mental illness
- aged 16-24
- people with barriers to accessing
 - education/training
 - employment opportunities
 - social networks/community
- young people wanting to work towards independent living

Program costs:

- you will be expected to pay a fortnightly utility fee (\$50). This includes accommodation, electricity, water, gas and WiFi expenses
- you will also be responsible for purchasing your own food and other living expenses



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Interested?

To find out more about the YRR program, contact the Wellways team on 03 5560 3050.

Initial referral and intake is through ACSO Connect. They can be contacted on 1300 022 760.

279A Lava Street
Warrnambool 3280

helpline

1300 111 500

mental health information,
support and referral advice
9am to 9pm Monday to Friday
(excluding public holidays)



Wellways respectfully acknowledges the traditional custodians of the lands and waters of Australia.

We are committed to inclusive communities.