

Wellways wins federal contract to design and pilot innovative carer services

Wellways has won a two-year Australian Government contract to develop and pilot innovative carer coaching and face to face peer* support groups.

Wellways is one of three community organisations chosen to design and deliver new online services to assist carers get the help they need before reaching crisis point.

Wellways will develop, pilot and evaluate the new online and face to face coaching service to help carers manage their daily challenges and build their capacity and skills.

“Wellways have delivered educational programs for families, friends and carers for over 20 years, in over 85 sites across Australia,” said Elizabeth Crowther, Chief Executive Officer of Wellways. “The carer coaching model and peer support groups will be designed collaboratively with carers and feature leading-edge digital functionality.”

“This is a tremendous opportunity to share our expertise and work with carers to create services that will reach even more people,” Ms Crowther said.

“We need to look after the thousands of unpaid carers in our community. This service will help carers and families sustain their caring roles and support them in a proactive way.”

The carer coaching model and in-person peer support groups are part of the Australian Government’s investment in carer support through the new Integrated Carer Support Service.

Wellways is a leading national mental health and disability support organisation.

*Peers are people who have their own experience of mental health and a caring role.

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For more information

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About [Wellways](#) Australia

Wellways Australia is a leading not-for-profit organisation dedicated to ensuring all Australians lead active and fulfilling lives in their community. We work with individuals, families and the community to help them imagine and achieve better lives.

We advocate for change to make sure people can access the best possible care and information when they need it. We provide a wide range of services and assistance for people with mental health issues, disabilities, youth and older Australians and those requiring community care.

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