

Providing  
**guidance** and  
ensuring you  
receive the  
**services** that  
match your  
**needs**

## Accessing Carer Gateway

Wellways Australia will be your first point of contact for all Australian Government funded Carer services across Queensland and the New South Wales regions of South West Sydney and Nepean Blue Mountains. We have been supporting carers for 40 years and look forward to supporting you on your carer journey.

For more information about Carer Support Planning, call Carer Gateway on **1800 422 737** or visit [carergateway.gov.au](https://carergateway.gov.au)



Wellways respectfully acknowledges the traditional custodians of the lands and waters of Australia. We are committed to inclusive communities.

**wellways**

**Carer Gateway**  
An Australian Government Initiative

CARER SUPPORT PLANNING

**Supporting  
you when  
you support  
others**



**Carer Gateway**



## Looking after your needs

Did you know there are support services, and support workers, specifically for carers?

Looking after someone with additional health needs comes with specific challenges and stress. The Carer Gateway offers support for family and friends who care for someone with a disability, mental illness, a long-term health condition, an illness that will cause their death, an alcohol or drug problem, or someone who is frail because they are old.

There's lots of services that focus on supporting the wellbeing of carers. Perhaps you'd like some in-home support, or to speak to a counsellor. Maybe you'd like help getting back into the workforce or want to organise legal documents or a budget.

The Carer Support Planning service helps you find and connect to services that support your wellbeing, while you support the wellbeing of others.

## Access services that work for you

Your own dedicated Carer Support worker can explain the range of supports available and talk with you about what services may fit your needs.

They can organise referrals to the services you select or give you the information you need if you'd prefer to make contact yourself.

Your Carer Support worker will keep in touch regularly to check in on your wellbeing, to ensure your needs are being met, and that support is sustainable.